

Total Mark (60 Marks)

I - Reading (30 Marks)

A) Vocabulary (14 Marks)

14

A. From a, b, c and d, choose the most suitable word that best completes each of the following sentences: (4 X2 = 8 Marks)

01. The new medicine lower the risk of heart diseases.
a. equally b. casually c. **significantly** d. responsibly
02. The e-mail looked because it had many spelling mistakes.
a. positive b. **fake** c. organic d. wasteful
03. We should water and electricity to protect the environment.
a. inspire b. reject c. reflect d. **conserve**
04. The team will plan a/an to climb Mount Everest next month.
a. **expedition** b. customer c. source d. consumption

B. Fill in the spaces with the suitable word from the list: (4X1½ = 6 Marks)

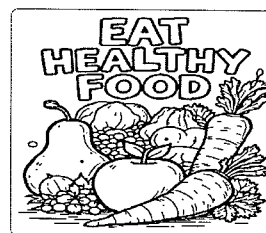
(talent /security / update / maintain / donate)

05. My elder sister has a special **talent** for painting beautiful portraits.
06. Try to make small changes in your life to **maintain** a healthy lifestyle.
07. Many people **donate** old clothes, food, and money to those who are in need.
08. Kuwait International Airport has a strong **security** system to keep all passengers safe.

B- Reading Comprehension (16 Marks)**- Read the following passage carefully, then answer the questions below:**

16

Eating healthy food is one of the most important things you can do to keep your body strong and your mind sharp. A balanced diet acts like fuel for your body, giving you the energy to play, learn, and grow. Think of your body as a fast car; **it** needs the best fuel to run smoothly. This fuel comes from a variety of food groups.



Fruits and vegetables are rich in vitamins and minerals that improve your immune system and help fight off sickness. That is why it is advisable to eat them daily to be healthy and strong. They are a colourful gift of nature to our health. Whole grains, like brown rice and pasta, are **vital** sources of steady energy. They keep you feeling full and focused throughout the day. Proteins, such as chicken, fish, and beans, are essential for building and repairing muscles. Even healthy fats, found in avocados and nuts, are useful for brain development.

On the other hand, eating too much junk food, which is often high in sugar, salt, and unhealthy fats, can make you feel lazy and can lead to health problems over time. Making smart food choices is not about never eating for pleasure; it is about balance. By choosing healthy foods most of the time, you are investing in a healthier, happier, and more energetic future. It is a powerful habit that will benefit you for your life, ensuring you have the strength to achieve all your dreams.

A. From a, b, c and d, choose the correct answer: (6× 2 = 12 Marks)09. The **best title** for this passage is:

- a. Different Food Groups
- b. Why Fruits Are Important
- c. The Dangers of Junk Food
- d. **A Guide to Healthy Eating**

10. The meaning of the underlined word "**vital**" in the 2nd paragraph is:
- a. easy
 - b. personal
 - c. healthy
 - d. **important**
11. The underlined word "**it**" in the 1st paragraph refers to:
- a. **a fast car**
 - b. the energy
 - c. your mind
 - d. a balanced diet
12. Proteins like chicken and fish help to:
- a. provide steady energy.
 - b. **build and repair muscles.**
 - c. improve brain development.
 - d. support the immune system.
13. According to the passage, one of the following sentences is **NOT TRUE**:
- a. Eating healthy food is important for both body and mind.
 - b. **Avocados and nuts are high in sugar, salt, and unhealthy fats.**
 - c. Fruits and vegetables are a colourful gift of nature to our health.
 - d. Junk food can make you feel lazy and can lead to health problems over time.

14. The **purpose** of the writer is to:

- a. list all the foods that are unhealthy.
- b. compare different types of fruits.
- c. entertain the reader with a story about food.
- d. **persuade the reader of the benefits of a balanced diet.**

B. Answer the following questions: (2×2= 4 Marks)

15. What is the benefit of eating fruits and vegetables?

Fruits and vegetables are rich in vitamins and minerals that boost your immune system /... help fight off sickness.

16. Why is it important to make healthy food choices for your future?

Because by choosing healthy foods most of the time, you are investing in a healthier, happier, and more energetic future/ It is a powerful habit that will benefit you for your entire life./ ... you ensure you have the strength to achieve all your dreams.

Any reasonable answer related to the passage is accepted.

II- Writing (30 Marks)

A- Grammar (14 Marks)

14

A. From a, b, c and d choose the correct answer: (4X2 = 8 Marks)

17. My new job is than the one I had before.

- a. **better** b. good c. best d. the best

18. The book is on the table belongs to my sister.

- a. who b. **which** c. where d. when

19. There isn't milk left in the fridge. We need to buy some.

- a. many b. few c. **much** d. a few

20. While I my homework, my brother left the home.

- a. do b. **was doing** c. will do d. am doing

B. Do as shown between brackets: (3X2 = 6 Marks)

21. The teacher explained the lesson clearly yesterday.

(Change into passive)

The lesson **was explained** clearly yesterday (by the teacher).

22. You can buy a new laptop. You can buy a new smartphone. (Join using: both ... and...)

You can buy both a new laptop and a new smartphone.

23. If I had enough money, I (spend) my mid-year holiday in France.

(Correct the verb)

If I had enough money, I **would spend** my mid-year holiday in France.

B- Writing (16 Marks)

The internet helps a lot, but it can be dangerous too.

16

Plan and write a report of two paragraphs of not less than (12 sentences) explaining how the internet helps people and how to avoid the dangers of the internet.

NB: Writing should include (a topic sentence, supporting details, and a concluding sentence).

The Plan (2 Marks)

Paragraph (1): How the internet helps people

Topic sentence:

.....

Supporting details:

.....
.....
.....

Concluding sentence:

.....

Paragraph (2): How to avoid the dangers of the internet

Topic sentence:

.....

Supporting details:

.....
.....
.....

Concluding sentence:

.....

The Topic (14 Marks)

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Planning (outline)	Exposition of ideas & coherence	Paragraphing & number of sentences	Grammar	Spelling	Handwriting	Punctuation	Total
2	7	2	1	2	1	1	16
2 marks to be deducted from the total mark for changing the format. - Off-point topics receive ZERO.							

انتهت الأسئلة

مع تمنياتنا لكم بالنجاح،،،