

Total (420 Marks)

I- VOCABULARY (50 Marks)

A- From a, b, and c, choose the most suitable word that best completes each of the following sentences: (5x5=25 Marks)

50

01. The restaurant has a/an setting near the beach.
a. tame b. hostile c. **atmospheric**

02. You should your parents first before taking such an important decision.
a. trespass b. **consult** c. gross

03. The doctor said that the patient is in a bad condition and needs an operation.
a. crazily b. entirely c. **instantly**

04. You may enjoy having this welcome coffee, it is from the hotel.
a. **complimentary** b. unreliable c. stern

05. Showing violent scenes on television may lead to in children.
a. conservation b. **aggression** c. delegate

B- Fill in the spaces with the most suitable words from the list below: (5x5=25 Marks)

(smuggle – hazardous – aviation – invest – harmony – bifocal)

06. My sister dreams of a career in **aviation** hoping to become a pilot one day.
07. My glasses were really expensive as I ordered them to be **bifocal** ones.
08. I wish all countries all over the world could live in peace and **harmony**.
09. It is much more important to know how to **invest** money than to earn it.
10. We should save energy or we will end up with **hazardous** environmental problems.

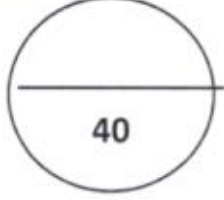
40

2

III- LANGUAGE FUNCTIONS (40 Marks)

From a, b, and c, choose what you would say in the following situations: (4x10 =40

Marks)



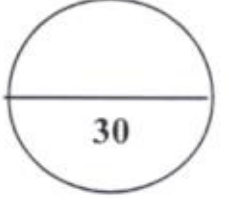
19. Your younger brother spends much of his time playing video games.
- You should take up a new hobby.**
 - Video games have been very cheap nowadays.
 - I am planning to study graphics and video games.
20. Your friend asks why you chose your new car.
- It is difficult to buy a new car these days.
 - It is important to get a skillful mechanic to fix your car.
 - It is powerful, economic, small and eco-friendly, too.**
21. Your classmates wonder how the internet helps students.
- In my opinion, it is going to help them save time and effort.**
 - On the other hand, many people think that the internet is useless.
 - I think that businessmen will make lots of profits using the internet.
22. Your cousin is inviting you to attend his birthday party.
- Thank you for the nice gift, it is really kind of you.
 - My uncle's birthday party was held in a big hotel.
 - I am so sorry, as I have to study for final exams.**



IV- SET BOOK QUESTIONS (30 Marks)

From a, b and c, choose the correct answer: (3x10=30 Marks)

23. What is the advantage of building new airports?
- a. They are good for the environment.
- b. They show the beauty of Islamic arts.
- c. **They will be good for the economy.**
24. Why do governments have to apply new technologies to provide energy?
- a. **Because oil and coal are finite sources of energy.**
- b. Because oil is infinite and causes damage to the environment.
- c. Because new technological sources of energy will increase pollution.
25. How do stories in the Holy Quran benefit us?
- a. They don't tell us what we should or shouldn't do.
- b. They are difficult to be read and translated to many languages.
- c. **They give moral lessons and instructions to all humanity.**



كتول القسم العلمي
لجنة تقدير الدرجات



V-WRITING (100 Marks)

محذوف (درجة اعتبارية)



VI- Reading Comprehension & Summary Making (140 Marks)

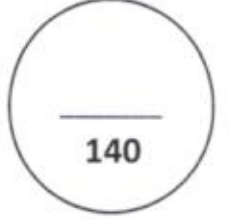
Read the following passage, then answer the questions that follow:

Eating a balanced diet rich in healthy foods is important for maintaining overall well-being. Healthy food provides the body with the nutrients it needs to function effectively. These essential nutrients include vitamins, minerals, proteins, fats, and carbohydrates. They are the building blocks that keep our organs, muscles, and immune system strong. Fruits and vegetables, for instance, are packed with vitamins and antioxidants that help protect the body against diseases and support the body's natural healing processes. Whole grains, such as brown rice and oats, are excellent sources of fiber, which aids in digestion and helps prevent heart disease.

Protein-rich foods, like meat, beans, and nuts, are essential for muscle repair and growth. They also help maintain energy levels throughout the day. Healthy fats found in avocados, nuts, and olive oil support brain health and reduce the risk of heart disease. On the other hand, processed foods that are high in many harmful ingredients such as sugar, salt, and unhealthy fats should be avoided as they lead to various health issues, such as obesity, high cholesterol, diabetes, and high blood pressure. Drinking plenty of water is also vital, as **it** helps to keep the body **hydrated**, regulates body temperature, and aids in digestion.

While eating healthily may seem challenging, making small changes can lead to lots of benefits over time. Choosing whole foods over processed foods, reducing sugar intake, and including a variety of nutrients in each meal lead to improved energy, mood, and long life. Regular physical activities combined with a balanced diet also plays a crucial role in supporting heart health and overall fitness. It's important to start with achievable goals that we can achieve easily, like adding an extra serving of vegetables to each meal or replacing sugary snacks with healthier options. A balanced diet, when paired with a positive lifestyle will surely lead to long-term health and happiness.

A- From a, b and c, choose the correct answer: (8 X 10 = 80 Marks)



26. The **best title** for the passage could be:

- a. Protein Rich Foods Resources
- b. Processed Foods and Their Effects
- c. **Benefits of Eating Healthy Foods**

27. The underlined word “**hydrated**” in the 2nd **paragraph** is closest in meaning to:

- a. satisfied
- b. **refreshed**
- c. entertained

28. The underlined word “**it**” in the 2nd **paragraph** refers to:

- a. high cholesterol
- b. high blood pressure
- c. **Drinking plenty of water**

29. According to the passage, what might help improve heart health are:

- a. healthy fats
- b. **brown rice and oats**
- c. proteins and carbohydrates

30. Having a healthy diet can lead to :

- a. **improved energy.**
- b. more sugar intake.
- c. various health issues.



30. According to the passage, processed foods should be avoided because:

- a. they provide essential nutrients.
- b. they help in muscle repair and growth.
- c. **they are high in unhealthy ingredients.**

32. According to the passage, one of the following statements is **FALSE**:

- c. Meat, beans, and nuts, are essential for muscle repair.
- b. **Mineral and vitamins can lead to a weak immune system.**
- a. Fruits and vegetables are packed with vitamins and antioxidants.

33. The **purpose** of the writer is to:

- a. describe different types of protein-rich foods.
- b. explain the effects of vitamins and minerals on health.
- c. **inform readers about the benefits of healthy food choices.**

B- Summary Making: (60 Marks)

With reference to the last paragraph, tick (√) the four sentences that answer the following question: (4x15= 60 Marks)

What can we do to benefit from eating healthy food?

- 34. We should have whole food instead of processed food (√)
- 35. We have to increase the amount of sugar intake. (X)
- 36. Each meal should include a variety of nutrients. (√)
- 37. Replacing sugary snacks with healthier options. (√)
- 38. We should have some difficult goals to achieve. (X)
- 39. Adding extra serving of vegetables to each meal. (√)

VII- TRANSLATION (20 Marks)

محذوف (درجة اعتبارية)

انتهت الأسئلة

مع تمنياتنا لكم بالنجاح



كنترول القسم العلمي
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