

ثانويه صلاح الدين قسم اللغة الإنجليزية 2018 - 2019



Train And Gain

(EsSaY WriTinG BiTs)



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Section A

TASK I

› Sample 1

› : Write a four-paragraph essay on:

Why students get poor grades

› Thesis statement:

.....

› Topic:

› Writer's view:

› Plan of development:

Sample Answer

› *Thesis statement:* Poor grades in school can have various causes like family problems, study problems (and lack of confidence)

› *Topic:* poor grades in schools

› *Writer's view:* can have various causes

› *Plan of development:* family problems, study problems,
(lack of Confidence)

› **Sample 2**

- › Write a four-paragraph essay on:

The secrets of enjoying a good health

- › Thesis statement:

.....

- › Topic:

- › Writer's view:

- › Plan of development:

› **Sample 4**

- › Write a four-paragraph essay on:

The benefits of holding festivals

- › Thesis statement:

.....

- › Topic:

- › Writer's view:

- › Plan of development:

› **Sample 5**

- › Write a four-paragraph essay on:

The reasons behind human migration

- › Thesis statement:

.....

- › Topic:

- › Writer's view:

- › Plan of development:

TASK II

› Sample 1

Choose the best thesis statements for the following topics:

Example (Topic: The importance of reading for students)

a- Reading is essential for students as it enlarges the imagination, helps them learn new things and improve their language skills.

b- Reading is essential for students.

c- Reading enlarges students' imagination, helps them learn new things and improves their language skills.

Sample 2

- Choose the best thesis statements for the following topics:

Example (Topic: The importance of good nutrition")

a- Healthy Nutrition is essential for people as it builds our bodies, helps us improve our life and improves our immune system .

b- Healthy nutrition is essential for people.

c- Healthy nutrition.

Sample 3

- Choose the best thesis statements for the following topics:

Example (Topic: The importance of holding festivals"

- a- Holding festivals has many benefits .They improve the economy, improve the tourism and provide excitement.
- b- Holding festivals has many benefits.
- b- Holding festivals .

Sample 4

- Choose the best thesis statements for the following topics:

Example (Topic: The importance of having laws

- a- Laws are very important as they ensure a safe life, protect individuals ' rights and face crimes.
- b- Laws are very important.
- c- Laws ensure a safe life

TASK III

› Sample 1

ii- Identify the main elements of the following thesis statements:

My mother has three qualities that I admire; a good sense of humor, patience and hard work

Sample Answer

The topic : My mother

The view : My mother has three qualities that I admire

Plan of development: a good sense of humor, patience and hard work

› Sample 2

ii- Identify the main elements of the following thesis statements:

Healthy Nutrition is essential for people as it builds our bodies , helps us improve our life and improve our immune system

› Sample 3

ii- Identify the main elements of the following thesis statements:

Holding festivals has many benefits as they improve the economy, improve the tourism and provide excitement

› Sample 4

ii- Identify the main elements of the following thesis statements:

Laws are very important as they ensure a safe life, protect individuals ' rights and face crimes

TASK IV

› **iii- Write a good thesis for the following topics:**

› *Sample 1*

› How was your first day at school after the summer vacation

Sample Answer

My first day at school was exciting. I met my new friends and teachers and enjoyed a nice atmosphere

› **iii- Write a good thesis for the following topics:**

› The impacts of pollution on our life

› The ways to get fit and healthy

› The elements of good nutrition

› The considerations of choosing a good restaurant

› The benefits of holding festivals

› The importance of family gatherings

› The activities of Hala February festival

› The importance of having laws

› The arguments for and against litigation

› The reasons behind human migration

TASK V

Sample 1

i. Complete with specific details for each of the following general idea

- › a- *General idea*: How to Stay Healthy

Specific ideas: - eating healthy food

- Practicing sports

- Getting enough sleep

Sample 2

i. Complete with specific details for each of the following general idea

a- *General idea*: considerations of choosing a restaurant

- › *Specific ideas*:

.....

.....

Sample 3

i. Complete with specific details for each of the following general idea

a- *General idea*: the benefits of holding festivals

Specific ideas:

.....

.....

Sample 4

i. Complete with specific details for each of the following general idea

- › a- *General idea*: The arguments for minor litigation

- › *Specific ideas*:

.....

.....

TASK VI

Sample 1

ii. Complete with a general heading for each group of specific details

› General idea: The everyday work of a house wife

Specific ideas: washing dishes
preparing meals
taking out trash
dusting

Sample 2

ii. Complete with a general heading for each group of specific details

› General idea:
.....

› Specific ideas: having regular exercises

› Healthy foods

› Sleeping well

Sample 3

ii. Complete with a general heading for each group of specific details

› General idea:
.....

Specific ideas: improving the economy

› Improving tourism

› Providing excitement

Sample 4

ii. Complete with a general heading for each group of specific details

› General idea:
.....

Specific ideas: our courts are working

› It indicates a good society

› Protecting individuals; rights

TASK VII

Sample 1

iii. Find the best general idea for the following supporting details

- › *Specific ideas:* good rapport with students, cooperation with colleagues, excellent exam results.
- › **The general idea is:**
- › *Teaching at secondary schools*
- › *Reasons teaching is an important job*
- › **What makes a good teacher**

Sample 2

iii. Find the best general idea for the following supporting details

- › *Specific ideas:* atmospheric setting, close place , good menu.
- › **The general idea is:**
- › *Healthy foods*
- › *Choosing a healthy food*
- › *Considerations of choosing a good restaurant*

Sample 3

iii. Find the best general idea for the following supporting details

- › *Specific ideas:* enlarging relations , communicating together and solving problems
- › **The general idea is:**
- › *Family*
- › *Family life*
- › *The importance of Family gatherings*

Sample 4

iii. Find the best general idea for the following supporting details

- › *Specific ideas:* protecting people, providing a fair life, facing crimes .
- › **The general idea is:**
- › *law*
- › *Law and Islam*
- › *Importance of law*



Section B

TASK 1

Complete the following introductory paragraphs with the suitable hook statement:

- 1) Free time is a good time to enjoy yourself and refresh your mind , it is the time when you energize your soul

It is not a surprise when we discover that we have less free time than we had in the past because life became very busy and stressful or tiring, free time is important for us to relax from everyday stress and boost our abilities for future challenges.

- 2)

Those people have their reasons and motives to emigrate. They want to be famous. Some look for money and want to be rich. Others want to draw the attention to the problems in their countries.

- 3)

Scientists thought of ways of sending people into other planets or into space. Tens of years ago, Man succeeded to invade space and land onto the moon. Man thought of going into space for many different reasons.

- 4)

Festivals are a good time to celebrate for different occasions; they provide excitement, improve economy and develop economy

- 5)

There are many advantages and disadvantages of computer games. Computer games help develop many skills of children. Playing computer games for long time may cause backache, headache and many health problems

- 6)

Currently, the social networks are becoming more popular among young generation. Therefore, using social networks has many negative effects on our relations

- 7).....

There are many types of extreme sports. People may lose their lives or even get badly injured. That is because of the risky conditions they face. They may face bad weather conditions, like strong winds or freezing temperature. They may also face dizzying heights and Lack of oxygen. However many people prefer to prefer practicing extreme sport for different reasons .

TASK 2

Complete the following paragraphs with the suitable thesis statement :

- 1) "**Health** is better than wealth", this is a very old proverb, it means that there is nothing better than good health and nothing worse than bad health.

There are two main things people can do to keep healthy , they should eat healthy food , play sports regularly

- 2) When large numbers of people move to live in a foreign country ; that is called **migration** .

- 3) **Diwaniya** is a place of interest for all Kuwaiti people , it is regarded a place of different purposes

- 4- **Smoking** is really the most dangerous phenomenon nowadays many teenagers to smoke to feel that they the older than they are.

- 5- **Social media** are widely used in almost all societies, they play a vital role in forming the public opinion .

- 6- It is said that **Money** is a double-edged weapon in life, people think that it is the most important thing in life and work day and night to get money .

TASK 3

Extract the topic sentence and supporting details

- 1) There are many ways to protect animals. One of them is providing dripping water, food, and shelter. Second, we have to clean around our houses and clean wastelands. Third, we should teach people about protecting animals. For example, we should tell them not to buy exotic animals.

The topic sentence : There are many ways to protect animals

The supporting details 1 One of them is providing dripping water, food, and shelter.

The supporting details 2 we have to clean around our houses and clean wastelands

The supporting details 3 we should tell them not to buy exotic animals.

- 2) Mobile phones have become essential in our life. First, people use their mobiles to navigate the internet. Moreover, mobiles function as cameras and a screen watch videos and photos. They are also used as alarm clocks and calendars

The topic sentence

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The supporting details 1

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The supporting details 2

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The supporting details 3

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TASK 4

Write the topic sentence and supporting details to the following ideas

1- Spreading the culture of peace

The topic sentence spreading the culture of peace has many benefits for humanity

The supporting details (1) getting peaceful societies can ensure a society without conflicts or disagreements

The supporting details (2) inhabitants can live peacefully

2- The features of Coffee houses as a good place to meet your friends

The topic sentence

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The supporting details 1

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The supporting details 2

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3- Good and bad effects of studying abroad

The topic sentence

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The supporting details 1

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The supporting details 2

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4- The different reasons behind air pollution

The topic sentence

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The supporting details 1

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The supporting details 2

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5- The role of money

The topic sentence

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The supporting details 1

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The supporting details 2

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6- Achieving one's goals in life

The topic sentence

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The supporting details 1

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The supporting details 2

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TASK 5

Write the full parts of the following topics:

1- Social media is a term used to describe the interaction between groups or individuals in which they produce, share, and sometimes exchange ideas over the internet. Social networking sites, for instance Facebook, are thought by some to have had a detrimental effect on individuals as well as society. However, in my opinion, while I believe that such sites are mainly beneficial to the individual, I agree that they have had a damaging effect on local communities.

With regards to individuals, the impact that online social media has had on each individual person has clear advantages. Firstly, people from different countries are brought together. Secondly, Facebook also has social groups which offer individuals a chance to meet and participate in discussion with people who share common interests.

On the other hand, the effect that Facebook and other social networking sites have had on societies can only be seen as negative. Instead of taking part in their local community, people are instead choosing to take more interest in people online. Consequently, the people within local communities are no longer forming close or close-knit relationships. Furthermore, society as a whole is becoming increasingly disjointed.

To conclude, although social networking sites have brought individuals closer together, they have not had the same effect on society or local communities. Local communities should do more to involve local people in local activities.

Hook

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Thesis:

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Claim 1:

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Evidences:

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Claim 2:

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Evidences:

.....

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Conclusion:

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TASK 6

Write an Outline for the following topics:

1- Ways and reasons of Road accidents

Introduction

Hook:

Thesis:

Topic sentence 1

Supporting detail 1.....

Supporting detail 2.....

Topic sentence 2

Supporting detail 1.....

Supporting detail 2.....

Conclusion

2- The benefits of holding festivals

Introduction

Hook:

Thesis:

Topic sentence 1

Supporting detail 1.....

Supporting detail 2.....

Topic sentence 2

Supporting detail 1.....

Supporting detail 2.....

Conclusion

3-The problems of overusing social media

Your plan Here

4- Are you for or against studying abroad

Your plan Here

5 - Courts today are congested with people arguing about different cases, some people are for solving minor issues in courts but others are against

Your plan Here

6- The different reasons behind air pollution

Your plan Here

7- Among the national occasions celebrated in Kuwait is the Hala February festival , describe the festival atmosphere and how Kuwaiti celebrated such festival

Your plan Here

8- Hajj is one of the five pillar of Islam and one of the religious occasions that people celebrate every year, describe the feelings , emotions and the festival atmosphere

Your plan Here

9- You attended your friend's graduation ceremony, describe the place , the festive atmosphere and how your friend celebrated the ceremony

Your plan Here

HAWALLY EDUCATION

TASK 7

Complete the missing parts in the following essay:

"Health is better than wealth", this is a very old proverb. It means that there is nothing better than good health and nothing worse than bad health.

Thesis.....
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As we know that, we can't separate healthy body from being healthy mind as they are interrelated together. Firstly, being healthy body and being physically healthy, that comes from eating healthy food and balanced diet, **second**.....
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Moreover, we should play sports and do exercises to make our bodies fit and strong. Indeed we can avoid diseases by this. also, we can have supple and well-built bodies
.....
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To conclude,.....
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TASK 8

Plan and write the following topics:

1- Recent technological advancements have had a drastic impact on the way individuals communicate. In fact, it can hinder face-to-face communication. Discuss

Your plan Here

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2- Hajj is one of the five pillar of Islam and one of the religious occasions that people celebrate every year, describe the feelings, emotions and the festival atmosphere

Your plan Here

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